



***The Cenacle Ministry Of Retreats,
Spiritual Direction & Prayer***

If you yearn for solitude or
prefer to be with a group,
If you can spare a few hours, a day,
a weekend or even a month,
If you have a topic in mind or
just a need to listen to your heart,

The Cenacle has something to offer to you.

The Sisters are trained to accompany you
according to your particular needs, desires, capacities

Because the central element of the retreat
in the Cenacle
is your own experience of God
in the framework of prayer.



The Cenacle Sisters is an international religious
Congregation whose mission is to make Jesus
known and loved through retreats, spiritual
direction, and other spiritual ministries.
It was founded in La Louvesc , France in 1826.

The Cenacle

**59 Nicanor Reyes Street, Varsity
Hills Subdivision,
Loyola Heights, Quezon City
1108 Philippines**

Tel: 434-2054, 434-3064 Fax:434-6943

Mobile: 0917-5703349

E:mail cenacle.philippines@gmail.com

Website: www.cenaclephilsing.org

FB page: @CenaclePhilippines

Office Hours: Open Daily

8:30 am – 12:00 noon,

1:30 pm – 5:30 pm

To Cenacle:

1. From Katipunan Avenue, turn right
at Rosa Alvero St.
2. Right at C. Salvador St.
3. Left at Nicanor Reyes St.

If Using the LRT:

1. Take train to Katipunan Station.
2. Exit at North Gate.
3. Walk toward Katipunan Tricycle
station (near 7-Eleven).
4. Tell driver to take you to Cenacle,
Nicanor Reyes St.

Cenacle

RETREAT HOUSE & SPIRITUALITY CENTER



PROGRAMS 2018

July - December

Rest

Silence

Reflection

Prayer

Come to the Cenacle

Let us journey together.

